



SHALL WE KNIT?

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Fall is in the air and that means that the Woodstock Fleece Festival is right around the corner! We will be at the Woodstock Fairgrounds on Sat. Oct. 14th from 9-5 Will you??

Go to their website for information on who all will be vendors this year as well

as what workshops and demos will be happening.

<http://www.fleecefestival.com/>

Admission is \$8.00, kids 15 and under are Free so bring the whole family and enjoy the day.



We are getting new customers every day so I wanted to take a minute to explain a few of the things that happen around the shop and a couple of shop policies.

SALES CLOSET - it's not actually a closet but a full-size room on our 2nd floor that we open the 3rd week of every month with discontinued yarns, books & accessories.

CLOSET DATES

October 17th - 21st

November 14th - 18th

December 19th - 23rd

CUSTOMER APPRECIATION CARD - every time you spend over \$10 before taxes on regular priced yarn, needles and accessories we put 10% on a card for you. You don't have to fill the card and can spend what is on your card on anything on a future visit. You can even use what is on your card towards books, patterns or sale items.

RETURN POLICY - we always recommend if you are doing a larger project that you get an extra ball of yarn. When you are finished if you don't need that ball or change your mind on the project - with your receipt and your stamped customer card you can return the item for a full refund. We don't return needles, patterns, books or sale items.

BAG DRAW - every time you buy something and don't need a plastic bag you get an entry for our monthly bag draw. The winner every month gets their choice of a gift card for a few local places, like Wordsworth books, Spool & Spindle, Sabultine Bakery - we like to share our addictions ☺



An RMT is in the House with Joanne

Thurs, Nov. 23rd 6:30 - 8:30

OR Sat. Jan. 13th 10:30 - 12:30

\$10 fee goes to Learning for Humanity

Have you ever wondered if having a few headaches monthly was normal? Is tingling into your fingers when you wake up in the morning ok provided it goes away once your up and moving? The answer to the above questions is no. Its not ok to have tingling into your fingers or to have regular headaches. We as knitters open ourselves up to various shoulder, neck and arm issues. Even the best posture that we adopt along with the length of time we sit knitting does open us up to injury later down the road.

Carpal Tunnel

Tendonitis at the elbow

Headaches

Tingling into the hand or weak feeling grip

These are all symptoms/conditions that massage therapy can successfully help with.

I've been a Registered Massage Therapist for over 5 years. In that time, I have had more than a few knitters on my table. They didn't come in because they are knitters, they came in because their Doctors' recommended general massage for various aches and pains. After listening to me educate them about what massage can do for them, they confided to me that they were having "issues" with their elbow etc. Some were thinking about giving up the craft or had cut back on how much they knitted. I think its sad to hear that someone has to cut back on their knitting because they experience pain while performing a craft that gives such joy. (except when the pattern doesn't work out)

During this 1.5-hour class you will learn how to identify if you are having issues with your neck, shoulders and arms. If you are not having issues now, we will talk about what to watch for, so recovery time will be shortened when issues arise. We will talk about proper posture. I will teach you some simple self massage techniques and stretches for your forearms to help keep issues at bay. For part of the class, we will treat ourselves to self massage and sugar scrub to your hands. AND as always, I am available to answer any and all of your questions.

Join us for a fun, informative class that could lengthen your knitting obsession.



CLASSES, CLUBS, HELP...

Guided Project Class

Alternate Tuesdays 11:30 - 12:30 (check website for dates)

The popular guided project class is perfect when you need help but can't wait for a special class and you need more than we can help with over the counter. This is dedicated time when you can sign up ahead of time, come with whatever project you are working on, and get help. You can pick a single project and get help with it each week along the way, or you are welcome to bring a new problem to each class and get help with something new each time. Guided Project class is a book as you go - you pay \$10 for an hour of guided time.

Beginner Knitting with Kerry

Sat. Oct. 7th 1:00 - 3:00 \$40 includes materials

Want to learn to knit, but don't know where to start? This is the class for you! In this class, you'll learn the very basics of knitting: casting on, the knit stitch, the purl stitch, and binding off. No prior experience needed.

Ravelry Roadmap with Janelle

Thurs. Oct. 12th 6:30 - 8:30 \$25

New to Ravelry and wondering what all the fuss is about? Have an account but not sure how to make the most of it? Janelle will guide you on a tour of Ravelry, providing you with a "road map" through the features and benefits of this essential site. This workshop will introduce you to the main features of the site such as forums, groups, "friends," adding projects and stash, and using the advanced search features to figure out just what you can do with those leftovers or impulse purchases in your stash. Bring a laptop/tablet and digital photos of your stash (optional) for a hands-on experience.

Drop Spindle with Tabi

Thurs. Oct. 19th & 26th 6:30 - 8:30 \$50

Drop Everything...and Learn to Spin on a Drop Spindle! If you've ever been curious about spinning, drop spindling is the easy way to get started. Best of all, it's as portable as your knitting. You'll learn the Secret of Twist, how to Draft, Spin and Ply on the drop spindle, a little Ancient History, Global Perspective and Animal Husbandry. I always bring some special fibers and spindles for the second class including Turkish and Supported Spindles. You will begin a whole new love affair with yarn.

Beginner Knitting Part 2 with Kerry

Sat. Oct. 21st 1:00 - 3:00 \$25

Skill Level: Just past beginner

This class is for beginners with a bit of experience: I'll assume you know how to cast on, knit, purl, and bind off, but if you need a bit of practice that's fine - I'll review these at the start of class.

What I teach for the rest of the class depends on the interests of the students. Potential topics include increasing/decreasing, fixing mistakes, circular knitting, reading a pattern, finishing a project, etc. So bring your questions and any projects you're working on!

Toe-Up Socks on 2 Circulars with Lynne

Sat. Oct. 21st & Nov. 4th 10:00 - 12:00 \$50

Learn how to make the most of your sock yarn by starting your socks at the toes, and knitting up until you run out of yarn! We will start with a seamless toe made with a Turkish cast-on. In the second class we will work through a wrap-and-turn heel and options for casting off a stretchy sock cuff. We'll discuss sizing socks and making adaptations for different fit issues.

This class is suitable for beginner sock knitters, provided they have some experience knitting in the round. The "two-circular method" will be used for our socks, but no previous experience with this method is necessary.

Students must be able to knit and purl confidently and without assistance, and should have some familiarity with basic increases and decreases.

Basic Mitts with Lynne

Sat. Oct 21st 1:00 - 3:00 & Nov. 4th 1:00 - 4:00 \$60

Fingerless mitts are one of those great projects that knit up quickly enough to make great gifts out of a small amount of yarn. In this class we will knit a baby-sized mitten in worsted weight wool, to learn all the parts of mitten anatomy with less knitting than an adult mitten. (Students will also receive a pattern for ladies' mittens and are guided to make an adult mitten as homework.)

Techniques taught will include casting on and knitting in the round (using either dpns or two circulars), gusset shaping, picking up a thumb, and proper cast off.

Students must be able to knit and purl independently, to distinguish knit and purl stitches in their fabric, and should have some familiarity with basic knitting terms.

Heel Help - Short Row - A Revisit with Lynne

Thurs. Oct. 26th 6:30 - 8:30 \$25

Since 2009, hundreds of sock knitters have taken a toe-up sock class with Lynne. Some have requested a refresher heel class, to work through the steps of constructing a short row heel with some guidance at hand. There's a lot to keep track of at the same time in that heel! Get help to summit heel mountain AND forge through to foot valley.

This class will primarily be of interest to students who have already taken a toe-up sock class with Lynne. Registration is open to other sock students, but **students MUST have sock experience and MUST already be familiar with working on two circular needles.**

Beginner Spinning with Tabi

Thurs. Nov. 2nd & 9th 6:30 - 8:30 \$50

Learn how your wheel works, the Secret of Twist, how to spin a single and ply using your wheel. You'll also learn about yarn construction and different spinning techniques.

Club Cardy with Lynne

Starter class Sat. Nov. 11th 1:00 - 3:00 \$25 (if doing just starter)

Thurs. Nov. 23rd, Jan. 8th Mar. 1st & 22nd. \$100 for all 5 classes
Have you always wanted to tackle a sweater? Or maybe you've made one or two but not been happy with your results? Come join a bunch of knitters while we all make ourselves a cardigan with some expert guidance. (Why a cardigan? Because it's a wardrobe staple that includes all the "tricky" parts. Once you've made one, a pullover is a cinch!) Custom Fit (CF) is a knitwear solution developed by a woman called Amy Herzog who is both a software developer AND a knitwear designer that helps us create sweater patterns that are custom fit to you. Your yarn. Your tension. Your style elements. Only one size in the instructions!

In order to create the pattern, CF needs three kinds of input: very specific body measurements we take in-house with our CF-trained staff, information we take from a swatch you knit and the yarn's ball band, and the sort of sweater and fit that you want (cardigan or pullover, neck style and depth, sleeve length, etc.).

- measurements taken by CF-trained staff
- recommended for new sweater knitters as well as those who have only made a few, or who have had limited success with previous sweaters

Heel Help - Flap & Gusset with Lynne

Thurs. Nov. 16th 6:30 - 8:30 \$25

Since 2009, hundreds of sock knitters have taken a toe-up sock class with Lynne. This class provides a new option to work the heel - a toe-up "flap & gusset" construction - that can be used in place of the short row heel in the original class.

This class will expand your sock repertoire and perhaps be the start of a collection of sock toes, heels and pattern stitches that can be used interchangeably, like a sock flip book. The flap & gusset heel has a deeper and wider fit than the short row heel, which may offer a better fit for those who find the short row heel too shallow.

This class will primarily be of interest to students who have already taken a toe-up sock class with Lynne. Registration is open to other sock students, but students **MUST** have sock experience and **MUST** already be familiar with working on two circular needles.

Garter Adventure with Janelle

First Thurs. of each month starting Jan. 2018 \$15/mo.

Suitable for advanced beginners.

All aboard for the 4th season of Garter Club! We'll continue to meet monthly as we explore techniques used in the ever-growing selection of beautiful garter shawls. Whether you make one shawl or finish six, all are welcome and everyone works at their own pace. Topics may include short rows, colourwork, beading, and attached edgings - although club input does influence topics covered.

Building with Lace with Janelle

2nd Thurs. of each month January - December 2018

A new skill building club! Knit a beautiful lace shawl, meet once-a-month for ten months, from September to June (two classes are double in length) - once you're signed up you can attend as many or as few as you need. Each class builds on the lace skills learned in the previous month. By the end you'll have a stunning shawl to wear with pride. We work through skills including pattern reading, swatching, working with lace charts, different types of increases and decreases, knitting lace, Japanese stitches, attached edgings, and blocking. Additional techniques include simple cables, wrapped stitches, bobbles, knitting with beads, nupps, and circular lace patterns. You'll walk away from this class with confidence, knowing how to read and evaluate lace knitting patterns and knit them!

Knit Afghan Squares 2018 with Lynne

One Thurs. evening ea. Month

We've changed the name from our tongue-in-cheek "Square Dancing" but the content remains the same: this class is a once-a-month meeting for a year - once you're signed up you can attend as many or as few as you need. The class is a great way to improve your skills with only a small amount of knitting - a block - each month, and at the end of the year you have an afghan. We work through skills including pattern reading, swatching, basic charts, seaming, and blocking. And we learn how to do simple patterns of purls & knits as well as cables, slipped-stitches, mock cables, increases & decreases and even lace!

Another bonus of this class is that it is priced lower than our regular class cost. Only \$15 per session, plus a one-time purchase of a pattern book at \$21.50, it's a small investment in building your knitting repertoire. We do ask that you purchase your afghan yarn at Shall We Knit? Approximately 7 skeins of Cascade 220 or an equivalent are needed, and we will hold your yarn for you and allow you to purchase it as you use it. 2017 will be our fifth year offering this class - dozens of students have taken part already.

REGULAR SHOP HOURS

Tuesday & Wednesday 10:00 - 5:30

Thursday 10:00 - 8:00

Friday 10:00 - 9:00

Saturday 10:00 - 4:00

Sunday & Monday CLOSED