



SHALL WE KNIT?

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Winter is here with a bang! We have had more snow in the last couple of weeks and colder temperatures than we have had in years. Seems like perfect timing for Kate to have published her Mitten book. This Winter is all about making mittens and that's why we have booked a few different mitten classes. If you have never knit mittens before or need a refresher then the Beginner Mittens class this Saturday and the 27th is the class for you. Or have you knit mittens but want warmer? Then the Thrummed Mitten class with Erin on the 25th will teach you all the ways of the thrums.

Those 2 Mitten classes are great lead ups to a Custom Mitten class with Kate Atherly on Sunday, January 28th. We are thrilled to have Kate coming back to teach 4 classes that weekend. One that is really interesting is how to control those hand dyed yarns that we all love but never know what to do with. Kate is also doing a class on Closures - most of us are terrified of adding zippers or how to do a great button hole - Kate will calm all those fears. And Colourwork! Do you do colourwork? If so do you struggle to get good tension? Or struggle with how to hold both colours? This is the class you need, in the class you will be working on a cup cozy to learn all the ways of the colourwork pattern and then you will go home with the pattern to do the full Campbell Glen hat.



We are now a drop off point for Knitted Knockers

From their website : *Knitted Knockers are special handmade*

breast prosthesis for women who have undergone mastectomies or other procedures to the breast. These soft comfortable lightweight prosthesis are available for FREE. They are knit with love by our wonderful volunteers. Some women find traditional breast prosthetics too expensive, heavy, sweaty and uncomfortable. Also traditional prosthesis often cannot be worn for weeks after surgery. Knitted knockers on the other hand are soft, comfortable, beautiful and when placed in a regular bra they take the shape and feel of a real breast. Knitted knockers can also be used to fill the gap for breasts that are uneven and easily adapted for those going through reconstruction by simply removing some of the stuffing. Some women prefer to weight their knocker with a pebble or a small stitch in bra to keep them in place. The knitted knocker can also be used in your prosthetic bra or in a post-op camisole as a lightweight choice.

<http://knittedknockerscanada.com/index.html>

Come into the shop for a pattern to get you started.



WINTER SALE JANUARY 16TH - 20TH



20% OFF ALL YARNS

(Instock yarns only)

You are welcome to come in ahead of time and pick your yarns and put them on hold until sale week



ALL SINGLE PATTERNS AND BRAND SPECIFIC BOOKS*

Buy 1 at regular price, get 2nd at ½ price
(brand specific like Classic Elite, Berroco, Noro..)



EXTRA SAVINGS ON SELECT ITEMS





CLASSES, CLUBS, HELP...

Guided Project Class

Alternate Tuesdays 11:30 - 12:30 (check website for dates)

The popular guided project class is perfect when you need help but can't wait for a special class and you need more than we can help with over the counter. This is dedicated time when you can sign up ahead of time, come with whatever project you are working on, and get help. You can pick a single project and get help with it each week along the way, or you are welcome to bring a new problem to each class and get help with something new each time. Guided Project class is a book as you go - you pay \$10 for an hour of guided time.



An RMT is in the House with Joanne

Sat. Jan. 13th 10:30 - 12:30

\$10 fee goes to Learning for Humanity

Have you ever wondered if having a few headaches monthly was normal? Is tingling into

your fingers when you wake up in the morning ok provided it goes away once your up and moving? The answer to the above questions is no. Its not ok to have tingling into your fingers or to have regular headaches.

We as knitters open ourselves up to various shoulder, neck and arm issues. Even the best posture that we adopt along with the length of time we sit knitting does open us up to injury later down the road.

Carpal Tunnel

Tendonitis at the elbow

Headaches

Tingling into the hand or weak feeling grip

These are all symptoms/conditions that massage therapy can successfully help with.

"I've been a Registered Massage Therapist for over 5 years. In that time, I have had more than a few knitters on my table. They didn't come in because they are knitters, they came in because their Doctors' recommended general massage for various aches and pains. After listening to me educate them about what massage can do for them, they confided to me that they were having "issues" with their elbow etc. Some were thinking about giving up the craft or had cut back on how much they knitted. I think its sad to hear that someone has to cut back on their knitting because they experience pain while preforming a craft that gives such joy. (except when the pattern doesn't work out)

During this 1.5-hour class you will learn how to identify if you are having issues with your neck, shoulders and arms. If you are not having issues now, we will talk about what to watch for, so recovery time will be shortened when issues arise. We will talk about proper posture. I will teach you some simple self massage techniques and stretches for your forearms to help keep issues at bay. For part of the class, we will treat ourselves to self massage and sugar scrub to your hands. AND as always, I am available to answer any and all of your questions.

Join us for a fun, informative class that could lengthen your knitting obsession."

Garter Adventure with Janelle

First Thurs. of each month starting Jan. 4th \$15/mo.

Suitable for advanced beginners.

All aboard for the 4th season of Garter Club! We'll continue to meet monthly as we explore techniques used in the ever-growing selection of beautiful garter shawls. Whether you make one shawl or finish six, all are welcome and everyone works at their own pace. Topics

may include short rows, colourwork, beading, and attached edgings - although club input does influence topics covered.

Building with Lace with Janelle

2nd Thurs. of each month starting January 11th

A new skill building club! Knit a beautiful lace shawl, meet once-a-month for ten months, from September to June (two classes are double in length) - once you're signed up you can attend as many or as few as you need. Each class builds on the lace skills learned in the previous month. By the end you'll have a stunning shawl to wear with pride. We work through skills including pattern reading, swatching, working with lace charts, different types of increases and decreases, knitting lace, Japanese stitches, attached edgings, and blocking. Additional techniques include simple cables, wrapped stitches, bobbles, knitting with beads, nupps, and circular lace patterns. You'll walk away from this class with confidence, knowing how to read and evaluate lace knitting patterns and knit them!

Knit Afghan Squares 2018 with Lynne

Starting Jan. 25th 6:30 - 8:30

We've changed the name from our tongue-in-cheek "Square Dancing" but the content remains the same: this class is a once-a-month meeting for a year - once you're signed up you can attend as many or as few as you need. The class is a great way to improve your skills with only a small amount of knitting - a block - each month, and at the end of the year you have an afghan. We work through skills including pattern reading, swatching, basic charts, seaming, and blocking. And we learn how to do simple patterns of purls & knits as well as cables, slipped-stitches, mock cables, increases & decreases and even lace!

Another bonus of this class is that it is priced lower than our regular class cost. Only \$15 per session, plus a one-time purchase of a pattern book at \$21.50, it's a small investment in building your knitting repertoire. We do ask that you purchase your afghan yarn at Shall We Knit? Approximately 7 skeins of Cascade 220 or an equivalent are needed, and we will hold your yarn for you and allow you to purchase it as you use it. 2017 will be our fifth year offering this class - dozens of students have taken part already.

Drop Spindle with Tabi

Thurs. Jan. 11th & 18th 6:30 - 8:30 \$50

Drop Everything...and Learn to Spin on a Drop Spindle!

If you've ever been curious about spinning, drop spindling is the easy way to get started. Best of all, it's as portable as your knitting. You'll learn the Secret of Twist, how to Draft, Spin and Ply on the drop spindle, a little Ancient History, Global Perspective and Animal Husbandry. I always bring some special fibers and spindles for the second class including Turkish and Supported Spindles. You will begin a whole new love affair with yarn.

Beginner Mittens with Lynne

Sat. Jan. 13th 9:00 - 12:00 & 27th 10:00 - 12:00 \$50

Fingerless mitts are one of those great projects that knit up quickly enough to make great gifts out of a small amount of yarn. In this class we will knit a baby-sized mitten in worsted weight wool, to learn all the parts of mitten anatomy with less knitting than an adult mitten. (Students will also receive a pattern for ladies' mittens and are guided to make an adult mitten as homework.)

Techniques taught will include casting on and knitting in the round (using either dpns or two circulars), gusset shaping, picking up a thumb, and proper cast off.

Beginner Knitting with Kerry

Sat. Jan. 13th 1:00 - 3:00 \$40 includes materials

OR Sat. Feb. 3rd 10:00 - 12:00

Want to learn to knit, but don't know where to start? This is the class for you! In this class, you'll learn the very basics of knitting: casting on, the knit stitch, the purl stitch, and binding off. No prior experience needed.

Toe-Up Socks on 2 Circulars with Lynne

Sat. Jan. 13th & 27th 1:00 - 3:00 \$50

Learn how to make the most of your sock yarn by starting your socks at the toes, and knitting up until you run out of yarn! We will start with a seamless toe made with a Turkish cast-on. In the second class we will work through a wrap-and-turn heel and options for casting off a stretchy sock cuff. We'll discuss sizing socks and making adaptations for different fit issues.

This class is suitable for beginner sock knitters, provided they have some experience knitting in the round. The "two-circular method" will be used for our socks, but no previous experience with this method is necessary.

Students must be able to knit and purl confidently and without assistance, and should have some familiarity with basic increases and decreases.

Thrummed Mitts with Erin

Thursday, January 25th 6:30 - 8:30 \$25

Skills needed: comfortable knitting in the round

Thrummed mittens originate from Newfoundland and Labrador where they know what cold winters are! "Thrumming" is a technique in which bits of wool roving are knitted into the mitten to create an inner lining that, with wear and use, will felt into an insulating layer making the mitten more windproof. In this class we'll learn how to make thrums and how to knit them securely into mittens. Pattern included with class (women's size). Here's to toasty warm hands this winter!

The Campbell Glen Colourwork Hat with Kate

Sat. Jan. 27th 10:00 - 12:00 \$50

Suitable for even the newest knitters, this class will teach you everything you need to know to be a confident Fair Isle knitter, and get you well on your way to making this wonderful hat project. It looks gratifyingly complicated, but is remarkably simple and fun! You'll master reading the patterns and charts, and working with multiple colours without tangling or twisting. Along the way I'll share tips and techniques for making your finished project look its very best.

** Skill Level: Advanced Beginner -knitters must be confident with casting on, knit and purl; experience working in the round not necessary

Closure: Buttons & Holes & Zippers, Oh My! With Kate

Sat. Jan. 27th 1:00 - 3:00 \$50

This class is all about two key garment finishing details: dealing with buttons and zippers. We begin with a discussion of buttonholes: what's the best method to make them, how to keep them tidy and neat. And then once you've got the holes, we talk about how to attach the buttons to make sure they stay on and don't get loose. And then, of course, if you don't want buttons, zippers are an option. We'll talk about how to insert a zipper into knits.

Custom Mittens with Kate

Sun. Jan. 28th 10:00 - 12:00 \$50

Winter is coming! It's never the wrong time of year to prep for the cold weather. We'll show you how to create a custom mitten - regular or fingerless! - for any hand, and any yarn. Use up your stash and keep your friends and family warm. Along the way we'll share tips for making hand-mittens as warm and possible - from yarn choice to lining strategies, and help you deal with problem areas like ill-fitting or holey thumbs.

The Good, the Bad and the Pooling: Working with Variegated Yarns with Kate

Sun. Jan. 28th 1:00 - 3:00 \$50

This session is all about how to 'read variegated and hand-dyed yarns, to predict how they will work up, and stitch patterns for making them look their best. We'll explore how to break up the colour changes, planned pooling, and how to combine them with other colours for best effect.

Bring: Any yarns you're having trouble with, or want assistance with.

Beginner Knitting part 2 with Kerry

Sat. Feb. 3rd 1:00 - 3:00 \$25

Skill Level: Just past beginner

This class is for beginners with a bit of experience: I'll assume you know how to cast on, knit, purl, and bind off, but if you need a bit of practice that's fine - I'll review these at the start of class. What I teach for the rest of the class depends on the interests of the students. Potential topics include increasing/decreasing, fixing mistakes, circular knitting, reading a pattern, finishing a project, etc. So bring your questions and any projects you're working on!